

Group Cycling Schedule

Monday 11/29/2010	Tuesday 11/30/2010	Wednesday 12/1/2010	Thursday 12/2/2010	Friday 12/3/2010	Saturday 12/4/2010	Sunday 12/5/2010
	Group Cycling 5:30-6:30 AM Spin Room, Neal M.		Group Cycling 5:30-6:30 AM Spin Room, Neal M.			Group Cycling 9:15-10:30 AM Spin Room, Dawn H.
	Group Cycling 9:30-10:30 AM Spin Room, Dawn H.		Group Cycling 9:30-10:30 AM Spin Room, Dawn H.			
Group Cycling 12:00-1:00 PM Spin Room, Kathy R.		Cycle Circuit 12:00-1:00 PM Spin Room, Aaron Z.		Group Cycling 12:00-1:00 PM Spin Room, Kathy R.		

Group Cycling Schedule

Monday 12/6/2010	Tuesday 12/7/2010	Wednesday 12/8/2010	Thursday 12/9/2010	Friday 12/10/2010	Saturday 12/11/2010	Sunday 12/12/2010
	Group Cycling 5:30-6:30 AM Spin Room, Neal M.		Group Cycling 5:30-6:30 AM Spin Room, Neal M.			Group Cycling 9:15-10:30 AM Spin Room, Dawn H.
	Group Cycling 9:30-10:30 AM Spin Room, Dawn H.		Group Cycling 9:30-10:30 AM Spin Room, Dawn H.			
Group Cycling 12:00-1:00 PM Spin Room, Kathy R.		Cycle Circuit 12:00-1:00 PM Spin Room, Aaron Z.		Group Cycling 12:00-1:00 PM Spin Room, Kathy R.		