

Colorado Athletic Club - Inverness Outdoor Pool Schedule

Monday-Thursday 11AM-7PM | Friday 11AM-7PM | Saturday 11AM-7PM | Sunday 11AM-6PM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5-5:50AM	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>
5:50-7AM	Masters <i>All Lanes</i>	Stingrays <i>5 Lanes</i> Lap Swim <i>1 Lane</i>	Masters <i>All Lanes</i>	Stingrays <i>5 Lanes</i> Lap Swim <i>1 Lane</i>	Masters <i>All Lanes</i>		
7-8:30AM	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>		
8:30-9AM		H2O Fitness <i>3 Lanes</i> Lap Swim <i>3 Lane</i> <i>(8:30-11:45AM)</i>		H2O Fitness <i>3 Lanes</i> Lap Swim <i>3 Lane</i> <i>(8:30-11:45AM)</i>		H2O Fitness <i>3 Lanes</i> Lap Swim <i>3 Lane</i> <i>(8:30-11:45AM)</i>	H2O Fitness <i>3 Lanes</i> Lap Swim <i>3 Lanes</i>
9-9:30AM							
9:30-10AM							
10-10:30AM							
10:30-11AM	Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>		Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>		Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lane</i>		
11AM-12PM							
12-1PM	Open Swim <i>2 Lane</i> Masters <i>4 Lanes</i>	Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>	Open Swim <i>2 Lane</i> Masters <i>4 Lanes</i>	Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>	Open Swim <i>2 Lane</i> Masters <i>4 Lanes</i>	Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>	Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>
1-4PM	Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>		Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>	Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>	Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>		
4-7PM	Stingrays <i>4 Lanes</i> Open Swim <i>2 Lanes</i>	Stingrays <i>4 Lanes</i> Open Swim <i>2 Lanes</i>		Lap Swim <i>2 Lanes</i> Open Swim <i>4 Lanes</i>	Stingrays <i>4 Lanes</i> Open Swim <i>2 Lanes</i>	Stingrays <i>4 Lanes</i> Open Swim <i>2 Lanes</i>	

For questions regarding the pool schedule please contact Alexis Keto at aketo@wellbridge.com or 720.895.0914.

During team workouts, if there is not a demand for open swim space, there will be a lap lane available. If all lanes are not required to maintain reasonable lane numbers, the teams will make an effort to share space. Pool Cleaning, 8-10AM, lap lanes will be limited.

Colorado Athletic Club - Inverness Indoor Pool Schedule

In case of inclement weather – Outdoor programs will have first right of usage of indoor pools.
See outdoor pool schedule for more information.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5-5:30AM	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>
5:30-7:30AM	Stingrays <i>3 Lanes</i> Lap Swim <i>2 Lanes</i>	Stingrays <i>3 Lanes</i> Lap Swim <i>2 Lanes</i>	Stingrays <i>3 Lanes</i> Lap Swim <i>2 Lanes</i>		Lap Swim <i>3 Lanes</i> Lap Swim <i>2 Lanes</i>		
7:30-9:30AM	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>		Lap Swim <i>All Lanes</i>		
9:30-10:30AM		Swim Lessons <i>4 Lanes</i> Lap Swim <i>1 Lanes</i>	Swim Lessons <i>4 Lanes</i> Lap Swim <i>1 Lanes</i>	Swim Lessons <i>4 Lanes</i> Lap Swim <i>1 Lanes</i>			
11AM-12:15PM		Masters/Tri-Team <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Masters/Tri-Team <i>All Lanes</i>			
12:15-3PM		Lap Swim <i>All Lanes</i>		Lap Swim <i>All Lanes</i>			
3:30-5PM	Stingrays <i>3 Lanes</i> Lap Swim <i>2 Lanes</i>	Stingrays <i>4 Lanes</i> Lap Swim <i>1 Lanes</i>	Stingrays <i>3 Lanes</i> Lap Swim <i>2 Lanes</i>	Stingrays <i>4 Lanes</i> Lap Swim <i>1 Lanes</i>	Stingrays <i>3 Lanes</i> Lap Swim <i>2 Lanes</i>		
5-7:30PM		Triteam <i>4 Lanes</i> Lap Swim <i>1 Lanes</i>		Triteam <i>4 Lanes</i> Lap Swim <i>1 Lanes</i>			
7:45-Closing	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>	Lap Swim <i>All Lanes</i>		

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:: Open swim until club closure
Pool Cleaning, 1:30-2:30PM every other Wednesday.