

# August Indoor Pool Class Schedule

1821 30th Street | Boulder, CO 80301 | 303.501.1700 | ColoradoAthleticClubs.com/Boulder



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>5:30AM</b>			Masters Swim (2) 90 Minutes				
<b>6:30AM</b>						Masters Swim (2) 90 Minutes	
<b>8AM</b>						Intro to Masters (2) Beginners only 60 Minutes	Masters Swim (2) 90 Minutes
<b>9AM</b>	Kids Group Lessons 60 Minutes		Kids Group Lessons 60 Minutes				
<b>9:15AM</b>					Aquajog (1) 45 Minutes		
<b>11:30AM</b>		Aqua Fitness 60 Minutes		Aqua Fitness 60 Minutes			
<b>4PM</b>		Kids Group Lessons 60 Minutes		Kids Group Lessons 60 Minutes			
<b>5PM</b>	Aqua Fitness 60 Minutes		Aqua Fitness 60 Minutes				

Please consult web for schedule changes.  
Classes effective August 1, 2010.